

PHYSICAL DEVELOPMENT AGE: 0 - 2 YEARS **CRÛCHE/PLAYGROUP**

S/N	ISSUES	PERFORMANCE OBJECTIVES		CARING/LEARNING MATERIALS
		PARENT & CAREGIVER	CHILD	
1.	PERSONAL DATA	Keep health, personal and family data of the child – Parents' names home address, immunization record, blood group, genotype and assessment record.	i. Respond to and say his/her own name. ii. Say the name of immediate family members e.g. mother, father, aunt, uncle. etc. iii. Say his/her age and sex. iv. Name his/her school and home address.	<ul style="list-style-type: none"> • Water bath • Apron • Plastic bottles • Charts on Basic Rights of the child.
2.	CHILD'S GROWTH, MONITORING AND CARING	i. Measure, observe and monitor growth of the child. ii. Obtain, observe and administer food necessary for growth. iii. Monitor child's increased mobility and coordination to prevent accompanying risks in playing activities. iv. Observe and correct bad postures. v. Observe and monitor child's movement skills in activities such as climbing, playing ball, crawling, etc.	i. Interact with the caregiver and other children. ii. Perform physical activities like jumping, playing ball, etc.	

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3.	CHILD INTERACTION WITH THE ENVIRONMENT	<ul style="list-style-type: none"> i. Stimulate the child and monitor the different milestone in his development e.g. sitting, crawling, walking etc. ii. Create opportunity for exploring, experimenting with and discovering the environment. iii. Identify problems relating to child's interaction with the environment. iv. Give adequate supervision to prevent accidents. 		<ul style="list-style-type: none"> i. Interact with the immediate environment. ii. Participate in physical activities.
4.	BASIC RIGHTS OF EVERY CHILD	<ul style="list-style-type: none"> i. Acknowledge and respect the basic rights of the child. ii. Provide and maintain conducive, safe and friendly environment for the child to thrive. iii. Stimulate the child to perform physical activities. 		<ul style="list-style-type: none"> i. Explore the environment freely and safely. ii. Interact with people within the environment. iii. Participate in physical activities.