

HEALTH AGES: 0-2 YEARS CRÛCHE/PLAYGROUP

S/N	ISSUES	PERFORMANCE OBJECTIVES		CARING/LEARNING MATERIALS
	PARENT&CAREGIVER	CHILD		
i.	Recognize and state different childhood illnesses e.g. measles, polio, diphtheria, tetanus, whooping cough, tuberculosis, diarrhea, malaria, yellow fever, convulsion, coughs, colds, worm infections, acute respiratory infections, eye diseases, skin diseases, sickle cell, typhoid fever, anemia.	i.	Show signs of good health.	<ul style="list-style-type: none">• Poster/pictures/charts showing signs of childhood diseases and healthy children.• Television clip.• Video player and tapes• Radio jingles• Clean water• Bottle• Container• Towel• Toilet soap• Basin• Cups• Salt• Sugar• Spoon• Medicated soap• Disinfectant• Treated mosquitoes' nets• Clinical thermometer• Posters/charts on drug abuse• Water• Sponge• Dolls• Comb• Lotion• Powder• Body cream• Cotton wool• Petroleum jelly• Toothpaste• Tooth brush• Glycerin• Cotton bud• Tissue paper• First Aid Box• Disinfectant• Training pants• Disposable nappies• Kettle• Potty
ii.	Mention their symptoms and preventive measures.	ii.	Tell when not feeling well.	
iii.	Refer sick child(ren) to appropriate health facility centre.	iii.	Avoid unhealthy environment.	
iv.	Prepare and administer ORT/SS solution when necessary.	iv.	Accept ORT/SS solution medication.	
v.	Manage common childhood illnesses.	v.	Child isolation	
vi.	Quarantine the child with disease from others			
vii.	Ensure that the environment is clean and safe.			
viii.	Prepare and offer complementary food for sick child(ren).			
ix.	Advise parents to keep sick children at home.			
x.	Control the spread of communicable diseases.			
xi.	Report First Aid treatment administered to parents of sick child.			

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	ISSUES PARENT & CAREGIVER	CHILD	
2.	IMMUNIZATION	<ul style="list-style-type: none"> i. Inform the parents on the types of immunization (Vaccines) e.g. OPV, BCG, DPT 1, 2 & 3, Hepatitis B ii. Ensure completion of child's immunization and Vit. A supplement. iii. Keep records of completion of immunization of children. iv. Participate in National Immunization Days and Sub-National Immunizations Days. 	<ul style="list-style-type: none"> i. Accept immunization officers/vaccine. ii. Accept food supplements.
3.	DRUG USE AND ABUSE	<ul style="list-style-type: none"> i. Always make referral when the child is sick. ii. Advise the parents on danger of administering drugs not prescribed by Medical Doctor. iii. Prevent the child against self medication. iv. Discuss drug abuse and its effects. v. Refrain from indiscriminate use of drugs on children e.g. sleeping medicine. vi. Keep all drugs away from the reach of the children. 	<ul style="list-style-type: none"> i. Accept and use prescribed drugs. ii. Remind or demand for drugs.

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4.	PERSONAL HYGIENE I (Care of the body)	i. Care for the different parts of the body e.g. head, eyes, mouth, ears, hands/toes nails, teeth, legs, skin, armpit, anus, genitals etc. ii. Use available cleansing materials for babies and young child appropriately and regularly. iii. Attend baby care training sessions whenever available. iv. Discuss consequences of neglecting care of the body. v. Child to take bath regularly. vi. Observe adequate care while cleaning different parts of the body. vii. Discuss oral hygiene. Note: No child abuse practices. viii. Demonstrate proper cleaning/brushing of teeth and other parts of the body. ix. Check fingers and toe nails. x. Recite rhymes and sing songs relevant to personal hygiene.	i. Identify some parts of the body. ii. Name and touch parts of the body. iii. Keep all parts of the body clean. iv. Recite rhymes and sing songs relevant to personal hygiene.	
5.	PERSONAL HYGIENE II (Toilet Habits)	i. Provide appropriate toilet facilities. ii. Describe good toilet habits. iii. Give children proper toilet training. iv. Avoid child abuse during toilet training. v. Recognize signs/signals when a child needs to use the toilet. vi. Clean or assist the child after the use of toilet. Note: No child abuse practices.	i. Identify the proper place for toileting (potty). ii. Say when there is need to go to toilet. iii. Urinate or pass stool in the proper place e.g. potty or specified area. iv. Attempt cleaning up after the use of toilet. v. Wash hands after the use of toilet.	
6.	ORPHANS AND VULNERABLE CHILDREN	i. Recognize the needs of orphans and vulnerable children e.g. food, cloth, shelter, love, warmth, water etc. ii. Take care of the needs of the orphans and vulnerable children inclusive: - Providing appropriate counseling and giving psychosocial support. iii. Provide materials for the orphans and vulnerable children, e.g. shoes, clothes, food, drinks, love etc.		

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		iv. Raise awareness in communities to create an enabling environment for the children. v. Strengthen the coping capacities of families and communities. vi. Support sustainable communication initiatives to reduce stigma and discrimination. vi. Support the government's policies that protect the most vulnerable children.		

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