



LAGOS STATE GOVERNMENT
MINISTRY OF EDUCATION

EARLY CHILDHOOD CARE EDUCATION
SCHEMES OF WORK

HEALTH HABITS NURSERY ONE (AGE 3) SECOND TERM

| WKS | TOPICS | LEARNING OBJECTIVES | LEARNING ACTIVITIES | EMBEDDED CORE SKILLS | LEARNING RESOURCES |
|-----|---------------------------------------|--|---|---|--|
| 1 | REVISION OF 1 ST TERM WORK | By the end of the lesson, pupils should be able to : 1. Recall the last term's topics through revision, with the aid of the teacher. 2. Attempt questions given by the teacher correctly to assess their level of understanding of the last term's works and their progress. | 1. Pupils revise the last term's topics with the help of the teacher. 2. Pupils individually attempt the questions given and proffer correct answers. | -Communication and Collaboration, -Critical thinking and Problem solving - Leadership and Personal development. | AUDIO VISUAL RESOURCES Toys, charts, pictures, books and some of the last term's video clips . |
| 2 | IMMUNIZATION | By the end of lesson, pupils should be able to: 1. Explain the meaning of immunization. 2. Identify the benefits of immunization | i.Pupils in small groups identify pictures/photographs/posters/charts showing various immunization programmes ii.Pupils in pairs search internet on videos showing babies/children receiving immunization NOTE: Encourage the pupils' parents to participate and receive immunizations for their children. | Personal development, Collaboration and Digital literacy. | AUDIO VISUAL RESOURCES -Syringe -Cotton wool -Methylated spirit -Bandages - Photographs/pictures/posters/charts showing various immunization programmes WEBSITE RESOURCES https://www.who.int |
| 3 | DISEASE: ILLNESS | By the end of the lesson, pupils should be able to: 1. Give a simple meaning of disease. 2.State examples of common diseases among children e.g cough, malaria, chicken pox, stooling, polio, cold, skin rashes ,boils, etc | i.Pupils as a class relate each part of their body to the illness common to it e.g Head= Head aches Stomach= Pain, stooling Skin= Rashes, chicken pox, boils Leg= Polio -Recite the ABC of disease e.g A=Apollo B=Boils C=Cough D=Diarrhea E=Eye disease ii.Pupils in small groups do a role play on a sick patient being treated by a doctor. | Personal development and Collaboration. | AUDIO VISUAL RESOURCES -Charts/posters/pictures -showing types of diseases -Magazine/Newspaper cuttings of sick children -Video clips on health -Video player and tapes -Radio jingles -Clean water -Towel -Soap -Salt/sugar -Mosquito nets -Clinical thermometer -Pictures of types of immunization -Sample of drugs -Stethoscope WEBSITE RESOURCES https://www.ncbi.nlm.nih.gov |

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| 4 | CAUSES OF DISEASE: | <p>By the end of the lesson, pupils should be able to:</p> <p>1. List and discuss some causes of disease and illnesses e.g drinking dirty water, using dirty plates or cutlery to eat, picking food from the floor, living or sleeping in a dirty room, stagnant water in surroundings, littering of floor, road and gutter with dirt</p> <p>2. State the implications of dirty habits to our health and environment</p> | <p>i. Pupils in small groups watch video clip on sick/healthy children.</p> <p>-Pupils in pairs recite rhymes on causes of sickness e.g "sick song/ little baby bum"</p> | Personal development and Collaboration. | <p>AUDIO VISUAL RESOURCES</p> <ul style="list-style-type: none"> -Clean water -Dirty water -Dirty water bottles -Microscope -Charts/posters/pictures showing different diseases -Posters/pictures showing signs of childhood diseases -Towel -Soap -Mosquito net |
| 5 | DISEASE: CARE | <p>By the end of the lesson, pupils should be able to:</p> <p>1. Give simple explanation on the care given to people that are ill e.g giving ORT/SS solution, giving food, water and first-aid treatment then refer to clinic.</p> <p>NOTE: Advise pupils to speak out when they feel unwell</p> | <p>-Pupils check their temperature using clinical thermometer</p> <p>-Pupils in pairs go on sight-seeing to locate first aid box in their school.</p> | Personal development and Collaboration. | <p>AUDIO VISUAL RESOURCES</p> <ul style="list-style-type: none"> -First-Aid box -Syringe -Bandage -Gauze -Methylated spirit -Cotton wool -Gentian violet -Hydrogen peroxide -ORT -Scissors -Plaster -Face mask -Clinical thermometer -Iodine -Hand towel |
| 6 | MID TERM BREAK | | | | |
| 7 | DISEASE: PREVENTION | <p>By the end of the lesson, pupils should be able to:</p> <p>1. Explain the preventive measures on childhood diseases e.g immunization, cleanliness, live in airy and cool house, administer ORT/SS solution, use insecticide, use treated mosquito nets, regular de-worming, wear clean clothes, wash hands regularly, etc</p> <p>NOTE: Pupils should be advised to stay away from people who sneeze or cough every time</p> | <p>i. Pupils individually use water to wash hands before and after eating.</p> <p>ii. Pupils in small groups demonstrate sneezing in their elbows.</p> | Critical thinking and Problem solving. | <p>AUDIO VISUAL RESOURCES</p> <ul style="list-style-type: none"> -Mosquito nets -Disinfectants -Soap -Water -Insecticide -Basin/bucket -Water <p>WEBSITE RESOURCES https://www.health.state.mn.us</p> |

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| 8 | DRUG USE 1 | By the end of the lesson, pupils should be able to: 1.State the simple meaning of drug. 2.Mention categories of people that use drugs e.g children, men, women, pregnant women, old people -Explain uses of drugs to pupils e.g to cure disease, to heal wounds, to prevent sickness, to relax and to sleep, etc NOTE: Pupils are to take drugs prescribed by a doctor | i. The teacher tells story on importance of drugs. ii. Pupils in groups watch videos/rhymes on taking medicine e.g singing rhymes/songs on "Taking medicine etc" | Personal development, Problem solving | AUDIO VISUAL RESOURCES -Photographs/posters of drugs -Newspaper cutting of drugs -Samples of common drugs e.g paracetamol syrup, ORT, Vitamin C -Water WEBSITE RESOURCES https://en.m.wikipedia.org |
| 9 | DRUG USE II: ABUSE | By the end of the lesson, pupils should be able to : 1. Give simple explanation of drug abuse. 2.Analyse the effects of drug abuse. | i. Pupils as a class sing rhymes/songs on drug abuse e.g a. "Drug Abuse Education It's a fact ! " b. 'Wise owl's Drug safety kit ! What's a drug' | Problem solving | -Posters/photographs of effects of drug abuse -Samples of drugs -Water |
| 10-11 | REVISION | | | | |
| 12-13 | EXAMINATION | | | | |