



LAGOS STATE GOVERNMENT
MINISTRY OF EDUCATION

EARLY CHILDHOOD CARE EDUCATION
SCHEMES OF WORK

HEALTH HABITS KINDERGARTEN (AGE 5) THIRD TERM

WKS	TOPIC	LEARNING OBJECTIVES	LEARNING ACTIVITIES	EMBEDDED CORE SKILLS	LEARNING RESOURCES
1	REVISION	By the end of the lesson, pupils should be able to: 1. Recall the last term's topics through revision, with the aid of the teacher. 2. Attempt questions given by the teacher correctly to assess their level of understanding of the last term's works and their progress.	1. Pupils revise the last term topics with the help of the teacher. 2. Pupils individually attempt the questions give and proffer correct answers.	-Communication and Collaboration -Critical thinking and Problem solving -Leadership and Personal development.	AUDIO VISUAL RESOURCES, toys, charts, pictures, books and some of the last term's video clips
2	SANITATION I	By the end of the lesson; pupils should be able to 1. Give simple meaning of sanitation. 2. Explain the purpose of sanitation in our environment.	i. Pupils sing - We ki o mo.... Sing - Imototo lo le segun arun gbobo.... ii. Pupils in small groups demonstrate sanitation exercise within their immediate environment/ classroom (picking of litters and disposing properly, sweeping using a mop, etc). iii. Pupils as a class dispose waste properly and wash hands after the exercise. iii. Pupils participate in simple sanitation activities in the school compound.	Personal development and Collaboration.	AUDIO VISUAL RESOURCES -Brooms -Rakes -Parkers -Waste bin etc https://www.hindawi.com
3	SANITATION II	By the end of the lesson, pupils should be able to 1. Identify where general sanitation can take place. 2. Mention different types of materials used for sanitation. 3. Mention State Agency in charge of sanitation.	i. Pupils identify places where general sanitation can take place e.g house, school, supermarkets, and roads. ii. Pupils in pairs identify some materials that can be used for sanitation .e.g broom, hand gloves, rake parkers. iii. Pupils in pairs identify State Agency in charge of sanitation in Lagos State (LAWMA- Lagos State Waste Management Authority)	Personal development and Collaboration.	-Pictures -Self video clips -Soap -Water -Hand sanitizer -Napkin/towel -Bowl/basin

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4	HOT WEATHER	By the end of the lesson, pupils should be able to 1. Explain hot weather. 2. Identify types of cloth to wear during hot weather. - wearing light clothes during hot weather. 3. State types of food to eat during hot weather. - eating warm food, sleeping in cool and airy room, having cold bath, etc	-Pupils in small groups identify clothes to wear on hot weather . ii. Teacher shows them light clothes they can wear during hot weather. -parents should keep their food warm. -When sleeping in class, they should sleep in a cross/well ventilated room.	Personal development.	AUDIO VISUAL RESOURCES light cloth regular shower a flash card showing the degree of hot etc. WEBSITE RESOURCES https://www.better.vic.gov
5	COLD WEATHER	By the end of the lesson, pupils should be able to 1. Explain cold weather. 2. How to take care of themselves during the cold weather.	i. Pupils in pairs discuss their experience on cold weather ii. Pupils in small groups identify clothes to wear when the weather is cold (e.g wearing thick clothes or sweater/ cardigan, eating hot food (tea/ beverages), covering body with blanket or duvet, having warm bath, etc	Personal development.	Hot beverage Cardigan Balm etc
6	MID TERM BREAK				
7	HAND WASHING	By the end of the lesson, pupils should be able to 1. Give simple meaning of hand washing. 2. State the benefits of constant hand washing. 3. Enumerate the disadvantages of eating or doing things with dirty hands. 4. Demonstrate the proper way of washing hands and engage the pupils to do the same	i. Pupils in pairs show each other their hands. ii. Pupils in small groups identifying fingers, palms, wrists, etc. iii. Pupils in pairs properly wash their hands. iv. Pupils sing rhymes on cleaning of the hands	Personal development.	https://www.cdc.gov water, soap, hand sanitizer etc
8	DISEASES: WATER RELATED	By the end of the lesson, pupils should be able to 1. Explain diseases. 2. Mention water related diseases as follows: Skin rashes, Guinea worm, Diarrhea, Malaria, Dysentery, Vomiting, etc. 3. State each of the disease and explain the symptoms 4. How to take care of their water bottles and the type of water they should use	i. Pupils chorus after the teacher. II. Pupils in pairs narrate how it feels to be sick.	Personal development.	https://www.who.int - Pictures -Video clips

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9	DISEASES: EXCRETA RELATED	By the end of the lesson, pupils should be able to 1. Mention some excreta related diseases as follows: cholera, dysentery, diarrhea. 2. Explain how it feels when one is infected with any of these diseases. 3. State the rules that guide cleanliness e.g proper covering of food. 4. Mention some transmitting agents of these diseases e.g water, air, man, fruits	i. Pupils in pairs narrate how they felt when infected with any of the diseases (if they have ever experienced it before) i. Pupils in small groups demonstrate the simple process of covering food against germs. Pupils in pairs identify some transmitting agents of excreta related diseases such as water, air, man, fruits/food.	Personal development.	https://www.omicsonline.org . water soap disinfectant etc.
10-11	REVISION				
12-13	EXAMINATION				