



LAGOS STATE GOVERNMENT
MINISTRY OF EDUCATION

EARLY CHILDHOOD CARE EDUCATION
SCHEMES OF WORK

HEALTH HABITS KINDERGARTEN (AGE 5) SECOND TERM

WKS	TOPIC	LEARNING OBJECTIVES	LEARNING ACTIVITIES	EMBEDDED CORE SKILLS	LEARNING RESOURCES
1	REVISION OF FIRST TERM'S WORK	REVISION	<p>Pupils in pairs identify toilet locations in the school</p> <p>Pupils in small groups demonstrate types of toilet facilities with the use of posters and charts (e.g pit latrine, modern pit, water cistern, potty, male closet)</p>		<p>-Pictures /charts/posters of school toilet</p> <p>-Tissue paper</p> <p>-Water</p> <p>-Soap</p> <p>-Mop</p> <p>-Disinfectants</p> <p>-Detergents</p> <p>-Bowls/bucket</p>
2	TOILET TYPES	<p>By the end of the lesson, pupils should be able to</p> <p>1. Give simple meaning of toilet.</p> <p>2. State different types of toilet facilities.</p>	<p>i. Pupils in small groups demonstrate how their parents clean their toilets at home.</p>	Personal development.	<p>AUDIO VISUAL RESOURCES</p> <p>-Soap (e.g detergent, liquid)</p> <p>-Mop</p> <p>-Bowls</p> <p>-Toilet brush</p> <p>-Disinfectants, etc</p> <p>WEBSITE RESOURCES</p> <p>https://www.pinterest.com</p>
3	TOILET: CLEANING MATERIALS	<p>By the end of the lesson, pupils should be able to</p> <p>1. Mention different toilet cleaning materials. (e.g soap, water, towel, tissue paper, brush, disinfectants, dust bin, etc)</p>	<p>i. Pupils in small groups demonstrate the steps of good habits to display while using the toilet e.g</p> <ul style="list-style-type: none"> - Clean the seat bowl with tissue paper before sitting on it. - Clean up with tissue paper or water after use - Flush the toilet after use -Wash your hands after use -Dry your hands 	Personal development.	<p>https://www.insinc.co.nz</p> <p>Pictures/ posters on good toilet good habits</p>
4	TOILET: GOOD HABITS	<p>By the end of the lesson, pupils should be able to</p> <p>Explain the good habits pupils are to display while using the toilet.</p>	<p>Pupil in small groups demonstrate how to flush the toilet after use.</p>	Personal development.	<p>https://www.choosept.com</p>
5	TOILET: BAD HABITS	<p>By the end of the lesson, pupils should be able to</p> <p>Explain some bad toilet habits that pupils are expected not to participate in while using the toilet (e.g reading, eating, etc)</p>	<p>Pupils as a class identify what not to do while in the toilet.</p>	Personal development.	<p>https://www.parentscanda.com</p>

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6	MID TERM BREAK				
7	EATING HABIT: GOOD	By the end of the lesson pupils should be able to 1. Explain simple good eating habits. 2. Enumerate some good eating habits (e.g use clean plates/cutlery, place water by food side, take a little at a time, washing hands before and after meal. 3. State the benefits of good eating habits.	i. Pupils are engaged in good eating habits and the pupils demonstrate it during the lunch break. ii. During the lunch break, pupils are left alone initially to be engrossed with their food, then cautioned to let them know that it is bad to do certain things while eating (e.g talking, fighting, etc) iii. Pupils in small groups watch pictures or video clips on good eating habit.	Personal development.	https://www.betterhealth.vic.gov.au -Posters, self pictures -Video clips
8	EATING HABIT: BAD	By the end of the lesson, pupils should be able to 1. Explain bad eating habits e.g do not talk when eating. - don't take too much at a time. - do not play when you are eating etc 2. State some bad eating habits (e.g talking, fighting while eating, cleaning hands with dress after meal, soiling of clothes while eating, sneezing or coughing inside food, eating with dirty hands, etc.	1. Pupils in pairs identify bad eating habits. 2. Teacher guides the pupils during lunch break on good eating habits. 3. Pupils individually wash their hands before eating and after eating.	Personal development.	https://www.everydayhealth.com -Tooth brush -Toothpaste -Mirror -Chewing sticks
9	CARE OF TEETH	By the end of the lesson pupils should be able to 1. Explain the use of teeth (e.g tearing, cutting, biting, chewing food etc 2. Demonstrate the care of teeth, using a teeth model (if any). NOTE Encourage to brush their teeth twice daily	i. Pupils in small groups identify the uses of teeth. ii. Pupils in pairs demonstrate how to care for their teeth.	Personal development.	https://kidshealth.org
10-11	REVISION				
12-13	EXAMINATIONS				