

ACHIEVEMENT STANDARDS

At the end of the session, Pupils are able to perform the following activities.

	NURSERY 1 (AGE 3)	NURSERY 2 (AGE 4)	KINDERGARTEN (AGE 5)
HEALTH HABITS	<ul style="list-style-type: none"> i. Personal Hygiene – Care for the Body. ii. Personal Hygiene – Toilet uses. iii. Personal Hygiene – Toilet habits. iv. Good Health habits. v. Bad Health habits. vi. Safety Rules. vii. Immunization – Benefits. viii. Disease – Illness. ix. Causes of disease. x. Disease – Care. xi. Disease – Prevention. xii. Drug use. xiii. Drug use – Effect. xix. Sanitation xx. Pests. xxi. Pest control. xxii. Reptiles – Types and control. xxiii. Community Hygiene – Cleanliness. 	<ul style="list-style-type: none"> i. Care of nails. ii. Care of hair – Types, tools in use. iii. Care of legs – Types care. iv. Care of hands – Functions care. v. Care of skin – Functions, care. vi. Care of ears (outer) – uses, care. vii. Care of mouth – parts, uses and care. viii. Care of eyes – uses, care. ix. Care of the nose – uses, care. x. Cleanliness – Dresses – Types, care. xi. Cleanliness – Foot wears – Types, care 	<ul style="list-style-type: none"> i. Exercise – Types ii. Sleep – Benefits, Bed-time iii. Disposal of refuse. iv. Disposal of waste – Animal waste. v. Disposal of waste – Commercial (use) vi. Disposal of waste – Solid waste – Recycling. vii. Cleanliness – School viii. Toilets – Types. ix. Toilets – Cleaning materials x. Toilets – Good habits. xi. Toilets – Bad habits. xii. Eating habit – Good. xiii. Eating Habit – Bad xiv. Care of teeth. xv. Sanitation. xvi. Weather – Hot xvii. Weather – Cold. xviii. Hand washing xix. Diseases – Water related xx. Disease Excreta related